



## Beaconsfield Squash Club

### Changing Room Guidance

This guidance is for staff, club members, schools and other users of Beaconsfield Squash & Racketball Club changing facilities.

It is based on advice from the NSPCC Child Protection in Sport Unit (<https://thecpsu.org.uk/resource-library/best-practice/safe-use-of-changing-facilities/>) and designed to meet the specific requirements of the club.

It aims to clarify supervision and other issues relating to junior members and schools sharing changing rooms with adult members. It also addresses any concerns raised by adult members who feel uncomfortable sharing changing rooms with children.

#### Beaconsfield Squash and Racket Club Changing Facilities

The club has separate male and female changing rooms. The male changing area consists of an open plan changing and shower area and toilets. There is also a separate toilet area off the corridor.

The female changing room also consists of an open plan changing area, 1 enclosed shower cubicle and changing area, and a shared shower area of 3 units. There is 1 toilet in the changing room and a separate toilet area off the corridor.

#### School and Junior Coaching Sessions

The regular use of Beaconsfield Squash and Racket Club by local schools and for junior coaching and tournaments is promoted and valued by the club. The inclusion and development of young players is vital for the future of Beaconsfield Squash and Racket Club and the sport.

- Times when school and junior coaching sessions are taking place are clearly displayed on the My courts booking System, so members are aware when young people are using the facilities.
- Junior players are encouraged to change quickly and not loiter or socialise in the changing areas to minimise the time they are there. Most juniors rarely use the shower and are only in the changing areas for a short time. The toilets are in a separate area and do not present any issues.
- Equally, adult members are requested to be discreet and not loiter or socialise in the changing rooms when juniors are present. Any concerns of a safeguarding nature should be reported immediately to the Welfare Officer or Club Manager.

- It is never appropriate for teachers or coaches to use the changing facilities at the same time as the juniors in their session.
- It is never appropriate for photographs to be taken of children either by adults or other children in changing areas.
- Parents are responsible for deciding when it is safe and appropriate for their children to be left unsupervised in changing areas.

The CPSU advises that generally children under the age of 8 should be supervised, although factors such as the child's maturity, capability or level of disability need to be taken into consideration.

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- If children are uncomfortable about changing in a space shared with adults or they are too young to change themselves, they should be encouraged to change before they arrive or be supervised by their parents.
- Children should use gender specific changing rooms unless they are transgender or transitioning. In this case, sensitive discussions and arrangements should be made on an individual basis with the Welfare Officer to agree how this will be managed.

Beaconsfield Squash and Racket Club is committed to addressing safeguarding issues as part of its ongoing development plan in relation to renovations or additions to the structure of the building. Should the opportunity arise in the future to provide separate changing rooms, this will be given full consideration. In the meantime, a commitment by staff, coaches and members to good safeguarding practice will help deliver BSC's duty of care to children.

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